

MANUAL HANDLING AWARENESS

:: course summary sheet S41 ::

MANUAL HANDLING RELATED INJURIES ARE AMONGST THE MOST COMMON WORKPLACE INCIDENTS AND INJURIES. THIS COURSE AIMS TO DEVELOP AWARENESS TO THE NEED FOR SAFER WORKING METHODS.

Course Code:	N/A
Certificate issued:	Statement of attendance – MANUAL HANDLING AWARENESS (Non-accredited)
Mode of Delivery:	Face-to-face in classroom environment
Duration:	2 hours. All topics and assessments are completed during the face-to-face training. No pre-course homework required.
Assessments:	No formal assessment
Who should attend:	Manual handling related injuries are amongst the most common workplace incidents and injuries. This course aims to develop awareness to the need for safer working methods.
Prerequisites:	There are no prerequisites for undertaking the course.
Elements:	<i>What are manual handling tasks? Employer responsibilities Employee responsibilities Supervisor responsibilities General principles of lifting Pushing and pulling Manual handling risk factors Reducing the risk Keeping our back healthy Rules for safe manual handling</i>